

# Etagram

California State

Area XII

Eta Chapter

Leading Women Educators Impacting Education Worldwide

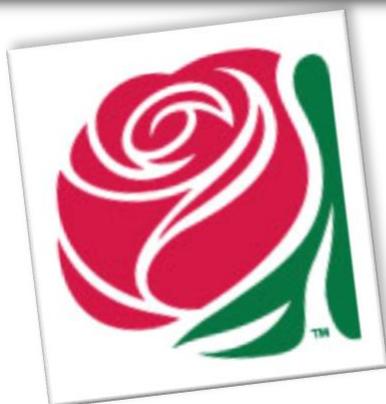
## Inside this Issue:

Birthdays	page 2
Calendar	page 2
Committee Report	page 3
Eta Happenings	page 5
Executive Board	page 8
Inspiration	page 9
Leadership Retreat	page 4
What I Told My Daughter	pages 6-7

Etagram Editor is Shannon Ramos  
at [inga92648@yahoo.com](mailto:inga92648@yahoo.com)

## DKG California

Women Educators On the Move  
Making It Happen  
Together



## President's Message

Springtime: an early or flourishing stage of development

It was a great feeling to hear the names of our new officers read aloud and voting voices during our most recent meeting at Newcomb. My time as chapter president has been fulfilling in many ways. I'm very happy that Tina will be the next to experience the excitement of a new biennium, the opportunity to innovate, and the pleasure of continuing Eta traditions. Eta has a terrific new executive board to carry on the excellent reputation of Eta chapter.

Our DKG chapter is a fantastic example of growing membership, encouragement and support of newer members, faithfulness and participation by veteran members, generosity and true sister-ship. I just learned this from our International web page: The name is a combination of the initial letters of three Greek words: Διδασκαοι—Didaskotikai meaning teachers; Κλειδουχοι—Kleidouchai meaning key; and Γυναικες— Gynaikes meaning women. Today we use DKG.

I think that Eta is a true embodiment of DKG - Key Women Educators.

Happy Springtime my sisters!

Love, Kris

### Mission Statement

The Delta Kappa Gamma Society International Promotes Professional and Personal Growth  
Of Women Educators and Excellence in Education

### International Vision Statement

Key Women Educators Impacting Education Worldwide

# Calendar

Date	Time	Program	Location
June 2 Saturday	11:00 am	Grant Recipient Luncheon Executive Board Recognitions	<b>Westminster Town Hall (same as PEP Auction)</b>
July 16-20, 2018		DKG International Convention	Austin, TX

DKG International Convention coming in July to Austin, Texas by Kris D.

Austin is home to a vibrant music scene, so if you or your family are music lovers this will be a great destination for all of you. But, there's more! Austin also has galleries and museums, shopping districts with eclectic and eccentric shops (as well as mainstream stores), adventuresome dining choices and many active outdoor options.

Eta members that have attended International Conventions say that they are wonderful experience. I hope to hear of some of your Austin adventures when we begin our next biennium. For more information on the convention and how to register please go to [dkg.org](http://dkg.org)

## Happy Birthday Sisters!

May Celebrations for Ashley H., Barbara Y., Adele B., Terri Y., Lisa T.

June Celebrations for Kathleen E., Kris D., Karen H., Joan H., Nancy H., Mary C.





### ETA LOVES PENNE!

Penne Ferrell was a dedicated, enthusiastic, and caring teacher and member of Epsilon Omicron Chapter of Delta Kappa Gamma. Two of her passions were books and helping early career educators. Her joy of teaching was contagious, and she always encouraged those she mentored to share her enthusiasm and excellence in being a teacher. When she died a bequest was made to DKG California from her estate to establish an award in her honor. Thus, began the Penne Ferrell Literacy Award for teachers in their first through third years of teaching.

Eta Chapter embraced the opportunity to honor new teachers this year. This award is sponsored by Area XII and all five honorees were nominated by Eta members. They were each given a certificate as well as a check for \$100 to be used to purchase classroom literacy materials. Two of the award presentations were made at the March 21<sup>st</sup> Eta chapter meeting; the other three were presented at the honorees' schools. The lucky ladies were as follows:

#### SPONSOR

Rose Van Meeveren

Alida Steinhauser

KD Chadbourne

Louise McCormick

Barbara Bearden

#### RECIPIENT

Sarah Cox

Christina Carner

Nicole Lopez

Porsha Smith

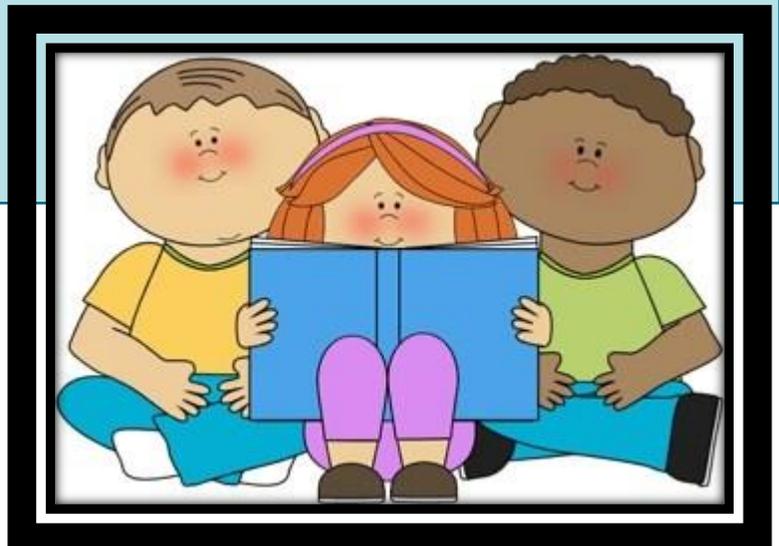
Mary Bennett

Congratulations to all of these worthy recipients! We hope to see them at future meetings and possibly as future Eta members.

Louise M.

Chair, Early Career Educators Committee

Please remember our dues deadline has changed. Please send in your dues, or bring with you to June Tea, to Tina by July 1<sup>st</sup>. \$95 for Active/\$59 Reserve



# State Leadership Report by Karen H.

“DKG Women Make it Happen” was the topic for the Leadership Development Retreat held January 20-21, 2018 in Irvine. This retreat was led by past Area XII Director, Linda M, who shared with us how teams perform and work through projects. She introduced the Style Delineator Survey by Anthony F. Gregorc which determined what our style was. It was no surprise to me that I am a concrete sequential learner. I learned that I work best when I have an orderly, quiet environment. Does that surprise anyone since I am a librarian? The quiz also reinforced that I do not like to act without specific direction. So many of the CS types fit my personality but also gave me ideas to stretch my style to work better as a team player. Learning about the four styles: Concrete Sequential, Abstract Random, Abstract Sequential and Concrete Random, will help in the future when working with people on projects.

The day continued as Linda introduced how teams are different using the team performance curve. The greatest gain while using the team approach is between the potential team and the real team. A potential team is trying to improve its performance while the real team members are committed to a common purpose. Linda had us form teams with at least one person from each learning style and gave us our assignment: we were to form a travel agency and plan a trip. My team formed the Rambling Rose Road Trips and we planned a 11-day trip to Austin Texas during the DKG International Convention. Our tour group had to present our itinerary to the group with enthusiasm. We didn't win as the best tour but we sure had fun working within our different learning styles to work as a team on this project.

I highly recommend that every DKG member attend the next Leadership Development retreat in January, 2019. It will be a personal growth opportunity for you to use in both your personal and professional life.

CONCRETE SEQUENTIAL	ABSTRACT SEQUENTIAL
<p><b>This learner likes:</b></p> <ul style="list-style-type: none"> <li>order</li> <li>logical sequence</li> <li>following directions, predictability</li> <li>getting facts</li> </ul> <p><b>They learn best when:</b></p> <ul style="list-style-type: none"> <li>they have a structured environment</li> <li>they can rely on others to complete this task</li> <li>are faced with predictable situations</li> <li>can apply ideas in pragmatic ways</li> </ul> <p><b>What's hard for them?</b></p> <ul style="list-style-type: none"> <li>Working in groups</li> <li>Discussions that seem to have no specific point</li> <li>Working in an unorganized environment</li> <li>Following incomplete or unclear directions</li> <li>Working with unpredictable people</li> <li>Dealing with abstract ideas</li> <li>Demands to "use your imagination"</li> <li>Questions with no right or wrong answers</li> </ul>	<p><b>This learner likes:</b></p> <ul style="list-style-type: none"> <li>his/her point to be heard</li> <li>analyzing situations before making a decision or acting</li> <li>applying logic in solving or finding solutions to problems</li> </ul> <p><b>They learn best when:</b></p> <ul style="list-style-type: none"> <li>they have access to experts or references</li> <li>placed in stimulating environments</li> <li>able to work alone</li> </ul> <p><b>What's hard for them?</b></p> <ul style="list-style-type: none"> <li>Being forced to work with those of differing views</li> <li>Too little time to deal with a subject thoroughly</li> <li>Repeating the same tasks over and over</li> <li>Lots of specific rules and regulations</li> <li>"sentimental" thinking</li> <li>Expressing their emotions</li> <li>Being diplomatic when convincing others</li> <li>Not monopolizing a conversation</li> </ul>
CONCRETE RANDOM	ABSTRACT RANDOM
<p><b>This learner likes:</b></p> <ul style="list-style-type: none"> <li>experimenting to find answers</li> <li>take risks</li> <li>use their intuition</li> <li>solving problems independently</li> </ul> <p><b>They learn best when:</b></p> <ul style="list-style-type: none"> <li>they are able to use trial-and-error approaches</li> <li>able to compete with others</li> <li>given the opportunity to work through the problems by themselves.</li> </ul> <p><b>What's hard for them?</b></p> <ul style="list-style-type: none"> <li>Restrictions and limitations</li> <li>Formal reports</li> <li>Routines</li> <li>Re-doing anything once it's done</li> <li>Keeping detailed records</li> <li>Showing how they got an answer</li> <li>Choosing only one answer</li> <li>Having no options</li> </ul>	<p><b>This learner likes:</b></p> <ul style="list-style-type: none"> <li>to listen to others</li> <li>bringing harmony to group situations</li> <li>establishing healthy relationships with others</li> <li>focusing on the issues at hand</li> </ul> <p><b>They learn best when:</b></p> <ul style="list-style-type: none"> <li>in a personalized environment</li> <li>given broad or general guidelines</li> <li>able to maintain friendly relationships</li> <li>able to participate in group activities</li> </ul> <p><b>What's hard for them?</b></p> <ul style="list-style-type: none"> <li>Having to explain or justify feelings</li> <li>Competition</li> <li>Working with dictatorial/authoritarian personalities</li> <li>Working in a restrictive environment</li> <li>Working with people who don't seem friendly</li> <li>Concentrating on one thing at a time</li> <li>Giving exact details</li> <li>Accepting even positive criticism</li> </ul>



# Eta Happenings



## Jared Box Project

ETA Chapter's annual Jared Box Project was once again successful. At our December Books and Bears Brunch, empty plastic boxes were available for our members to take home and fill (thank you Alida S. and Cathy L. for your donation of the boxes). After members decided gender and age group of their box, they went out shopping to fill it. If members needed ideas as to what to put in their box, they could go to [thejaredbox.com](http://thejaredbox.com). Members brought their filled boxes to our February meeting. Cheryl J. and Barbara F. delivered them to Miller Children's Hospital. When we arrived, Arthur Noche of the Child Life Department met us at the car with two red wagons to transport our Jared Boxes. We were amazed that we were able to stack 53 boxes in the two wagons. Needless to say, the hospital was very appreciative of our donations. When questioned about which age group needs more boxes, Arthur said that there was a need for infant (0-12 months), toddler (1-3 years), and teens. These age groups are something to remember for next year's Jared Box collection.

GOOD WORK ladies!!

Our boxes will brighten the day for many hospitalized children.

By Cheryl J. and Barbara F.



# What I Told My Daughter

Wanting to share another gem from this treasure box, I chose this one by Johanna Kerns. She is an actor and director. She is best known for her role as Maggie Seaver on the hit show *Growing Pains* from 1985 to 1992.

There are so many layers to her entry- she has given several nuggets of advice for us all. Enjoy!

Shannon R.

My father always proud to say that he had four sons, but two of them happen to be girls. He was the one who gave my sister and me the confidence that we were capable of doing anything a man could do. This influence made me a feminist before I knew there was such a word.

The professions that my sister, Donna de Verona, and I have chosen proved that we learned well from our father. Dona was an Olympian and a gold medalist in swimming in the 1964 Olympics. She went on to become a pioneering female sportscaster for network television.

I went into acting and later directing for prime-time television- a field that remains dominated by men. I had the good fortune in my career to land a leading role one successful sitcom, *Growing Pains*, which led me to many other opportunities. But my work as a TV mom at times caused real-life pain for my daughter Ashley. The hard work of getting through this only-in-Hollywood challenge has tested and ultimately strengthened the bond between us.

I spent the last half of the 1980s and early 1990s playing one of America's favorite moms, giving advice and encouragement to my TV children and the millions of children who watched us, always with humor and just enough wisdom to make sense. But in my personal life things weren't so perfect. I was a single mom, newly separated and in the process of divorce. Ashley was seven and weathering first grade with a mom who was suddenly a famous mom. Kids in school, thinking she had it better than they did, could be mean. She suffered isolation because of the divorce. She not only lost the presence of her father from our household but in her mind, she lost part of me as well.

Ashley's way of handling all of these over whelming emotions was to pretend she was a cat. Sometimes it was easier for her to hiss or purr at me. Sometimes words simply weren't enough. I didn't always know what Ashley was feeling but I certainly understood the cat. So did the girl who was bullying her at lunch one day and cut in front of Ashley in line for milk. Ashley hissed, the claws came out, and the next thing I knew my daughter and I were sitting in the principal's office. She had been suspended.

On the way home in the car we had one of those rowboat conversations where you don't look at each other. Tearfully she told me how sad she was that her dad was gone, how lonely she felt knowing things were going to change, and how angry she was at me because I had a whole other family at work. Worse, all the kids at school thought I was super nice and funny all the time.

“And you are not funny!” Ashley defiantly declared.

I gave it a few beats and then asked quite seriously: “Never?”

We both started to laugh. Even at age seven, Ashley knew how to get to me. In that moment, I was nothing like my TV character. I didn’t have any funny advice to dispense. But I learned from Ashley that sometimes the best advice is no advice. Sometimes it’s best to just be that other person in the rowboat, read and willing to listen.

I did tell her, however, that she could hiss but not scratch.

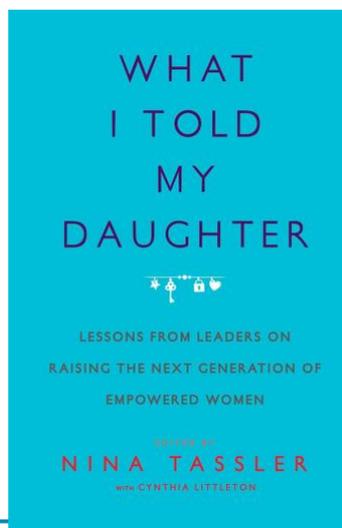
Like me, Ashley has grown up to be a proud feminist. She went to New York University, graduated magna cum laude, and went on to Loyola Law School. She passed the bar on her first round, practiced law, became an avid swing dancer, and fell in love with scuba diving before becoming seriously ill in 2008.

From the time that Ashley got sick, she and I have traveled the country and scoured the Internet searching for an accurate diagnosis for the onset of the crushing fatigue, joint pain, and flulike symptoms she has suffered, causing her to give up her hard-earned career. Our health care system is brutal when you are sick. The system is its own kind of bully-excluding, ignoring, and pushing the sick to the back of the line. I am her advocate and sometimes I want to hiss, scratch, and push back. But I know that does not work.

I tell Ashley that she is not her illness. She is a strong, beautiful woman with amazing intelligence and we will not stop until we find the answer to her mystery. Drawing on the Buddhist practice of non-contention, I tell her to “be a curtain”: Let those moments when a doctor, health care worker, or well-meaning but ignorant friend says something unintentionally hurtful land like a tennis ball into a curtain. Let that tennis ball drop to a dead stop on the floor instead of slamming against a hard wall and bouncing back. Don’t hiss and scratch; be a curtain.

Our children are forever our children, even when they’re grown. But it’s still difficult to know what our job as a parent is as the child gets older. I still want to fix things that sometimes can’t be fixed. I still have the instinct to reassure her that everything is going to be okay, no matter what.

But what I actually do most of all is sit in that rowboat and try to listen. It’s one of the hardest things for a mother to do, but it’s the best advice I can give.



Congratulations to our new Executive Board

Tina N. - President

Harper K. - First Vice President

Judith K and Shelley F- Second Co-Vice-  
Presidents

Marnos L.- Corresponding Secretary

Chris G. - Recording Secretary

Terri Y. - Treasurer

Kris D. - Parliamentarian

Looking Forward to Great New Things in Eta



### 21 Super Quick Happiness Hacks by Diana Kelly and Locke Hughes

- ✗ Start Planning Your Next Vacation
- ✗ Visit Your Nearest Beach
- ✗ Donate to Charity
- ✗ Nibble on Dark Chocolate
- ✗ Do a Good Deed
- ✗ Turn on a Favorite Song
- ✗ Take a Hot Bath
- ✗ Play with a Pet
- ✗ Acknowledge Someone Else's Joy
- ✗ Go on a Walk
- ✗ Remember a Happy Moment
- ✗ Jot Down What You're Grateful For
- ✗ Have a Tall Glass of Water
- ✗ Sniff an Uplifting Scent
- ✗ Find Some Flowers
- ✗ Eat Protein Rich Foods
- ✗ Pick up a Literary Novel
- ✗ Stop complaining
- ✗ Wake Up Early, Open the Shades
- ✗ Turn off Negative News
- ✗ Download a Game

## Inspiration by Peggy H.

I thank the Lord for teachers and here's the story why, They're a different kind of angel. They don't have wings to fly. God needed special angels for His hands and feet on earth He picked them each out carefully - the day of their birth.

He gave them gifts and talents for teaching and for caring, He blessed them with a heaping dose of patience just for sharing. He knew they'd be important to the little lives they'd touch, He knew each year their students would love them very much.

He made their eyes so sparkly - their smiles so bright and wide, So children would feel welcomed to let them be their guide. For all the teachers that I know, teaching is a calling, It is not for everyone. (Ain't that the truth, my dahling?!)

It's not just a job or paycheck or a place to go each day, Teaching is their heart and soul, a passion I would say. They cheer their students on and motivate them to succeed, They are angels without wings, yes, they are indeed.

They bandage knees and tie some laces, missing not a beat, They kneel and sit on classroom floors, without a cushy seat. They excitedly jump up and down when information clicks, Then they pray at testing time, that all that teaching sticks.

They make learning come alive for children every day, After school, on weekends - grading papers until May. I've seen the way the students tug their shirts so they can share, A story, tattle, random thought - a loose tooth, if they dare.

They're angels without wings. They laugh and sometimes cry, Using words of inspiration, they encourage kids to try. Teachers have a place reserved, deep down in my heart, Because each child that journeys through, forever they're a part.

I admire them for loving kids as if they were their own, For taking time to nurture all the seeds that they have sown. I thank God for teachers, the angels without wings, But what I'll tell you now is why my heart just sings. When school begins, God gives a teacher brand new wings to share,

With every single student - each one gets a pair. Teachers don't have wings because they give them all away, They give them to their students each year on school's last day.

All year they've spent preparing them for this special flight, Sometimes it's hard to let them go - they hug with all their might. Their students use those wings to fly and soar to greater things, And THAT'S why awesome teachers are angels without wings.